

W A R N I N G

YOU ARE NOT PERMITTED TO USE A SOLARIUM IF YOU ARE:

- > Under the age of 15 years.
- > Under 18 years without written parental consent.

DO NOT USE A SOLARIUM, IF YOU:

- > Have fair skin that always burns and does not tan (skin type 1).
- > Are taking photo-sensitive or photo-allergic medicines – if in doubt, always consult your doctor.
- > Have a large number of moles.
- > Have a history of skin cancer.
- > Are in doubt about the risks involved.
- > Are pregnant.

BEFORE USING A SOLARIUM:

- > Read, understand and sign a consent form.
- > Do not consume alcohol.
- > Do not sunbathe for 48 hours before solarium treatment.
- > Remove jewellery and cosmetics.
- > Do not use sun oils.
- > Ensure you understand the operation of the equipment.
- > Know your skin type (please ask your operator for advice).
- > A reduced timeframe may be required for your first tanning session if you have not sunbathed in a long period of time.

WHILST USING A SOLARIUM:

- > Always use the eye goggles provided.
- > Never exceed the recommended session limit.
- > Do not allow anyone else in the sunroom whilst tanning.
- > Only use creams/lotions recommended by the operator.
- > If you feel sick or uncertain, stop the treatment.

AFTER USING A SOLARIUM:

- > Do not suntan indoors or outdoors on the same day.
- > Allow at least 48 hours before your next tanning session.

Ultra-violet light may contribute to premature ageing of the skin and/or skin cancer, especially if prolonged misuse or over-exposure occurs.

THIS PROVIDER WILL NOT BE HELD RESPONSIBLE FOR SUNBURN OR OTHER ASSOCIATED RISKS.

IF YOU HAVE ANY FURTHER QUESTIONS, PLEASE ASK THE OPERATOR IN CHARGE, OR FOR MEDICAL ENQUIRIES CONSULT YOUR DOCTOR.

Supported by :

