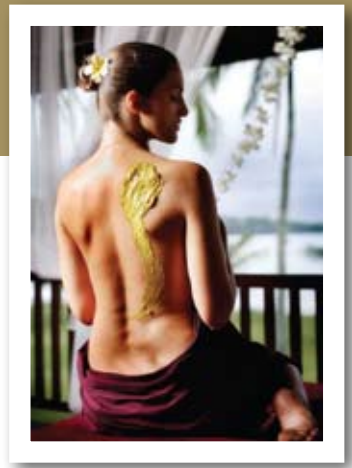


## Advertising Feature

# Spa Uluwatu

*A Modern Asian Approach to Health & Beauty*



Blessed by an endless stretch of white sand beach overlooking the tranquil waters of Jimbaran Bay, InterContinental Bali Resort features 418 guest rooms in three unique levels of accommodation. The property embraces a 14 hectare tropical landscape that is a blend of indigenous flora, gentle waterways and stone statues reflecting the island's artistic heritage. There are six swimming pools, Planet Trekkers children's resort, a fitness centre and plenty of recreational activities to keep guests occupied throughout the day. Spa Uluwatu is a dedicated healing and beauty facility for individual sessions, while the exclusive Villa Retreats promises indulging spa packages for couples. A superb choice of restaurant venues makes every dining experience an adventure in culinary excellence.

Spa Uluwatu at InterContinental Bali Resort is a facility dedicated to the overall essence of wellness. The spa itself is a combination of several unique treatment venues designed to cater to the healing and beauty needs of a diverse cross-section of international travellers.

As the resort is blessed with a serene ocean-front landscape, Spa Uluwatu draws inspiration from the basic spa philosophy of 'health by water'. There is an underlying oceanic theme to the menu and treatments make use of natural ingredients such as sea salt, marine algae and seaweed, as well as herbs, spices and flower extracts.

Spa Uluwatu is a tastefully appointed venue designed for individuals to indulge and savour quality time alone with a gender orientated healing or beauty ritual of their choice. Complete with male and female areas, a steam room, Jacuzzi and juice bar, Spa Uluwatu is all about delivering personalized experiences. A busy conference participant can take an hour or so to de-stress with a Deep Tissue Massage. Alternatively a mother with young children will certainly find pleasure in a hydrating facial and nurturing body wrap as part of the 2 hour Sun Goddess treatment.

Villa Retreats is a private sanctuary with a distinct Balinese ambience for couples, friends, family members and even life partners to partake in relaxing treatment packages.

Secluded from the rest of the property, there is a timeless energy at the Villa Retreats that evokes a deep sense of wellness and inner calm.

Spa Uluwatu also incorporates a series of tented pavilions that overlook the waters of Jimbaran Bay where guests can enjoy an invigorating massage or reflexology treatment. In addition, a proper Beauty Salon offers a concise menu of hair treatments including braiding, cutting and styling. There is also a selection of replenishing facial regimes to choose from that cleanse, hydrate and leave the skin with a fresh and youthful glow.

Everyone deserves to take time out now and again from the pressures of modern living. Spa Uluwatu encourages guests to heed their inner calling and concentrate on moments of self being. Personal time is perhaps one of life's most gifts ...

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